



NAPA VALLEY SPA PRODUCTS

SKIN CARE



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ANTIOXIDANT GRAPE SEED EXTRACT

Exfoliating Cleanser

Foaming Cleanser

Lavender Rose Antioxidant Toner

Facial Massage Oil

Willowbark Astringent

Rose Hip Hydrating Mud Mask

Hydrating Serum

Daily Moisturizer

Triple Firming Eye Gel

SPF-30 Sunscreen Lotion

S T . H E L E N A I N S T I T U T E
F O R P L A S T I C S U R G E R Y

**BENEFICIAL EFFECTS OF GRAPE SEED EXTRACT AS TOPICAL
APPLICATION TO FACIAL SKIN: A PILOT STUDY**

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Introduction: An accumulating weight of evidence in the medical and homeopathic literature demonstrates benefits of grapeseed extract when ingested internally. The potent antioxidant and cholesterol lowering effects are those most documented. A pure, milled grapeseed extract has been developed for topical application. We designed a prospective study to observe the effects of topical facial skin application using grapeseed extract on human subjects.

Methods: Sixteen volunteer subjects used pure milled grapeseed extract as a topical application to their facial skin twice each day for six weeks. Subjects included 13 females, 3 males, ages 34 to 73. Each subject provided a baseline skin health history and underwent interview and examination by the same two observers with extensive experience in facial skincare, at weeks 0, 3, and 6. Standardized photographic documentation was obtained at the same intervals.

Results: 88% of subjects reported improved texture of facial skin. Other reported salutary effects include: Evening of complexion pigmentation and excessive oil, decrease in breakouts, decreased dryness. Photographic documentation, physician and nurse observations supported the subjective reported benefits.

Conclusions: Topical application of grapeseed extract is safe and effective. Numerous benefits reported by subjects in this study were corroborated by experienced observers examining patients at three-week intervals and photographic documentation.

S T E V E N C . H E R B E R M . D . F A C S

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BENEFITS of GRAPE SEED Skin Care

ANTIOXIDANT GRAPE SEED EXTRACT FOAMING CLEANSER

PRODUCT DESCRIPTION

A mild, highly concentrated skin wash for all skin types where a cream cleanser may be too rich. An effective anti-bacterial wash for sensitive, normal or problem skin. Removes make-up without risk to eyes. No tightness or dryness. No soapy residue. The surfactants used are the mildest available from botanical sources. These cleansing and softening ingredients are safe for babies and delicate skin. Grape seed extract adds extra protection.

METHOD OF USE

Pre-moisten skin and apply a small amount by massaging into skin with circular strokes emphasizing upward pressure. Remove with warm water followed by cool water splash. Follow with Lavender Rose Antioxidant Toner to balance the pH and then apply our Hydrating Serum or Daily Moisturizer to hydrate and moisturize.

PRESENTATION

Retail: 5.1 ounce tube
Professional: 16 ounce

BENEFITS

We use the highest quality, cold pressed grape seed extract for purity. Cleansing and softening properties for all skin types. Cleans as it nourishes and moisturizes the skin.

KEY INGREDIENTS

Grape seed extract, aloe gel, linden blossom extract, plantain extract, rose water and essential oils.



BENEFITS of GRAPE SEED Skin Care

ANTIOXIDANT GRAPE SEED EXFOLIATING CLEANSER

PRODUCT DESCRIPTION

A deep cleanser with grape seed extract. An exfoliating product of uniquely milled Napa Valley grape seeds. Cleansing the skin properly is the foundation of a good skin -care regime. The key to beautiful skin is removing surface impurities such as pollutants, make-up buildup or residue, bacteria and excess oil AND exfoliating the skin to remove dead surface cells without disturbing the delicate moisture and oil balance. The unique blend of milled grape seeds and grape seed extract delivers this powerful balancing and protection system.

METHOD OF USE

Gently massage Antioxidant Grape Seed Exfoliating Cleanser on the face and neck using soft circular upward strokes. Work into areas that need deep cleaning - T zones, forehead, the chin.

Because the product is in a natural state, it absorbs quickly into the skin. For optimal benefit we suggest combining it with our Foaming Cleanser to exfoliate.

Be careful not to pull or stretch the skin. Rinse with tepid water or with a moist warm cloth and apply our Lavender Rose Antioxidant Toner followed by the Grape Seed Hydrating Serum or Daily Moisturizer.

PRESENTATION

Retail: 5.1 ounce tube

Professional: 16 ounce

BENEFITS

Boosts production of collagen, elastin and amino acids, which are the body's building blocks for cell protein production. Evens complexion, decreases breakouts and decreases dryness. Helps prevent clogged pores and excessive oil. Effective for all skin types.

KEY INGREDIENTS

Grape seed extract, aloe gel, linden blossom extract, plantain extract, rose water, sea algae extract, apricot kernel oil, glycerin, retinyl palmitate, soy protein, aloe gel, almond protein, lichenin, wheat germ oil, ginseng extract, linden flower extract, oat beta glucan.



BENEFITS of GRAPE SEED Skin Care

ANTIOXIDANT GRAPE SEED EXTRACT LAVENDER ROSE ANTIOXIDANT TONER

PRODUCT DESCRIPTION

Our all purpose panacea . . . Lavender and roses for the senses. Grape seed extract for firm, healthy skin.

METHOD OF USE

Use daily after our Foaming Cleanser and any time during the day to give extra protection from stress of daily life. Spray on face and body to nourish, hydrate and protect the skin as well as uplift the spirit. For oily skin, follow with Hydrating Serum. For dry skin, follow with our Daily Moisturizer.

PRESENTATION

Retail: 1.9 ounce glass bottle in box
Professional: 16 ounce

BENEFITS

Far beyond a toner, this nutrient rich elixir restores and maintains the pH balance. It keeps skin moist and hydrated. It closes pores, protects the skin and uplifts the spirit.
Reduces inflammation and protects skin's immune system.
Stimulates collagen synthesis.

Grape Seed Extract and polypeptides are vitamins A, C and E in a stable form which allows penetration into the skin to work as antioxidants and protection from the aging process.

KEY INGREDIENTS

Grape seed extract, aloe gel, linden blossom extract, plantain extract, rose water and essential oils.



BENEFITS of GRAPE SEED Skin Care

ANTIOXIDANT GRAPE SEED EXTRACT ROSEHIP HYDRATING MASK

PRODUCT DESCRIPTION

A deep hydration for all skin types.

METHOD OF USE

Pre-moisten skin and massage a small amount into the skin with upward, circular strokes. Leave on for 5 to 15 minutes. Massage for 30 seconds and remove excess with a moist cloth. Rinse with a warm water splash followed by our Hydrating Serum or Daily Moisturizer. For dry skin use daily; for normal skin use twice weekly; for oily skin use as often as needed.

PRESENTATION

Retail: 5.1 ounce tube
Professional: 16 ounce

BENEFITS

Evens complexion, decreases dryness and improves overall skin texture.
Protects against free-radical damage, regenerates collagen and balances the skin's production of oil.

KEY INGREDIENTS

Uniquely formulated with crushed grape seeds, grape seed extract and rose essential oil. Contains apricot kernel oil, sea algae, oat extract, oat protein and shea butter.



BENEFITS of GRAPE SEED Skin Care

ANTIOXIDANT GRAPE SEED EXTRACT TRIPLE FIRMING EYE GEL

PRODUCT DESCRIPTION

Nature's remedy for premature aging. Nourishment for skin in need of rejuvenation and a gentle treatment for puffy eyes.

Through a compilation of luxurious, nourishing ingredients, the Triple Firming Eye Gel is the answer for skin in need of rejuvenation. That tingly feeling upon application lets you know it is already working to improve and restore your skin. The product goes on silky smooth, feeling like a creme when it is actually a gel. Using wax around the eyes leaves a heavy build up, which can actually weigh down the delicate skin around the eyes. Triple Firming Eye Gel contains no wax, therefore it deeply penetrates without leaving behind any residue.

METHOD OF USE

Use daily around and under the eyes, on the neck and chest area to hydrate dry or sun damaged skin. The product is deeply penetrating, gentle enough to be used around the eyes and contains no heavy waxes. Apply a small amount of around the eyes morning and night.

PRESENTATION

Retail: 1.2 ounce glass bottle and box
Professional: 16 ounce

BENEFITS

Fortified with grape seed polyphenols to promote new cell growth and restore skin tone and suppleness. Triple firming with no dry residue. Polyphenols found in grape seeds destroy free radicals and protect the skin's collagen for healthy elasticity and suppleness. It moisturizes, strengthens and rejuvenates the skin, thus restoring tone and suppleness.

Aging, UV radiation, stress, pollution and many other factors weaken the skins' barrier of protection, causing dehydration, loss in firmness and the development of wrinkles. Grape Seed extract and Dipalmitoyl hydroxyproline, a botanical derived substance, remodels and moisturizes the skin, reduces wrinkles and leaves the skin feeling smoothed and rejuvenated and its tone is restored.

The anti-wrinkle activity results in a reduction in wrinkle area, depth and amount. More potent and effective than vitamin C, grape seed extract and dipalmitoyl hydroxyproline stimulates remodeling and contraction of collagen fibers by promoting interaction between cells and matrix. It also protects elastic fibers against enzymatic breakdown and active free radicals.



BENEFITS of GRAPE SEED Skin Care

ANTIOXIDANT GRAPE SEED EXTRACT HYDRATING SERUM

PRODUCT DESCRIPTION

A non-oily hydrating treatment that deeply penetrates the epidermis to replenish, restore and balance all skin types. Nourishing droplets of moisture that stimulate procollagen and promote cell regeneration. Antioxidant grape seeds and rosebuds help neutralize free radicals. A penetrating serum designed to treat damaged skin. A superlative skin rejuvenator.

METHOD OF USE

Apply a small amount of Antioxidant Grape Seed Hydrating Serum to face and neck after cleansing with our Foaming Cleanser. Gently smooth the droplets over areas vulnerable to dehydration and sun-exposure. Massage directly into the skin to replenish sun-exposed and dehydrated areas. It will instantly be absorbed into thirsty skin. This is a versatile preparation which may be applied throughout the day to refresh and nourish the skin.

PRESENTATION

Retail: 1.9 ounce glass bottle and box

Professional: 16 ounce

BENEFITS

Promotes collagen and cell regeneration. Hydrates and balances all skin types.

This penetrating serum brings a maximum amount of moisture to the surface of the skin. It is almost wax-free (only natural lecithin) and uses the highest quality vegetable oils and organic floral water as its base. The addition of the green tea extract, liposomes of antioxidant vitamins, a free-radical scavenging super-oxide dismutase make it a **superlative skin rejuvenator**.

Oat beta glucan soothes the skin while protecting it with its natural moisture barrier and film-forming properties. It also **stimulates the production of procollagen and promotes cell turnover**. This product is particularly **beneficial for stress-damaged and weather-damaged skin because of the grape seed extract**.

The clean, light consistency allows the beneficial active ingredients to penetrate skin directly, effectively treating the needs of the skin. Oily skin needs moisture too. This formula is excellent as the only moisturizer for oily skin replacing heavier cremes. It also helps as an extra hydrator and nutrient-delivery product for dryer, sensitive skin while used in conjunction with a moisturizing cream.



BENEFITS of GRAPE SEED Skin Care

ANTIOXIDANT GRAPE SEED EXTRACT HYDRATING SERUM

KEY INGREDIENTS

Grape seed extract, sea algae extract, apricot kernel oil, nettle extract, oat beta glucan, rosebud extract, squalane, super oxide dismutase (SOD liposomes), organic Bulgarian Rosewater, wheat germ oil, retinyl palmitate, shea butter, green tea extract, lecithin, Vitamins A, C & E and essential oils.



BENEFITS of GRAPE SEED Skin Care

ANTIOXIDANT GRAPE SEED EXTRACT DAILY MOISTURIZER

PRODUCT DESCRIPTION

A power packed, anti-aging, anti-wrinkle treatment. Polyphenol is our beauty miracle - a natural antioxidant extracted from grape seeds to protect the skin from free radical damage.

METHOD OF USE

Use daily after our Foaming Cleanser. Top off the treatment with Triple Firming Eye Gel.

PRESENTATION

Retail: 5.1 ounce tube

Professional: 16 ounce

BENEFITS

Soothes and restores dry skin. Stimulates cell regeneration.

Polyphenol is our gift from the grape seeds - a natural antioxidant that protects the skin from free radical damage. Evening primrose oil has a high content of linoleic acid (GLA), an essential polyunsaturated fatty acid and it is used as a tonic for inflammatory conditions. Lecithin is a natural antioxidant and emollient.

KEY INGREDIENTS

Certified organic aloe vera gel & sunflower seed oil, glycerin, glyceryl stearate, vitamin-C ester,, rice bran oil, cold pressed grape seed oil, lecithin, cocoa butter, vitamin-E, vitamin A& D3, squalane, vitamin-B5, rose hip oil, evening primerose oil; extracts of grape seed, green tea, chamomile & cucumber; soy protein and essential oils.



BENEFITS of GRAPE SEED Skin Care

ANTIOXIDANT GRAPE SEED EXTRACT SPF-30 SUNSCREEN LOTION

PRODUCT DESCRIPTION

Powerful antioxidant and UV sun protection. Will not clog pores.

METHOD OF USE

Apply on all areas exposed to the sun and after swimming, sports or heavy activity.
Avoid contact with eyes. If irritation occurs, rinse with soap and water and discontinue use.

PRESENTATION

Retail: 5.1 ounce tube
Professional: 16 ounce

BENEFITS

UV sun protection. Soothes and restores dry skin. Stimulates cell regeneration.
Polyphenol is our gift from the grape seeds - a natural antioxidant that protects the skin from free radical damage. Like the grape seed, vitamin E has antioxidant properties.

KEY INGREDIENTS

Vitamin E acetate, vitamin A and D³, cocoa butter, soy lecithin, certified organic sunflower oil and glycerin.

Sunscreen key ingredients: octyl methoxycinnamate, benzophenone-3, octocrylene.



BENEFITS of GRAPE SEED Skin Care

ANTIOXIDANT GRAPE SEED EXTRACT FACIAL MASSAGE OIL

PRODUCT DESCRIPTION

This product is made with **Pure Extra Virgin, Cold Pressed Grape Seed Oil** used by aestheticians as a facial massage oil. An aromatic grape seed facial massage oil blended with healing essential oils. Grape seed extract boosts the skin's production of collagen, elastin and amino acids. Effective for all skin types.

For thousands of years, people have been using grape seed oil as a medicinal remedy. Some call it the fountain of youth for the skin. It regenerates and brings life into the skin.

METHOD OF USE

Apply a small amount in the palm of the hand and fingertips. Gently massage to promote cell health and elasticity. Let it dry naturally. For dry skin, allow the oil to penetrate. For oily skin, remove from face and apply our Willowbark Astringent followed by our Hydrating Serum or Daily Moisturizer for moisturizing.

PRESENTATION

Professional only: Used by professional aestheticians in spa environments. 16 ounce

BENEFITS

We use the highest quality, cold pressed grape seed extract for purity. Used with massage this pure, calming oil stimulates and promotes circulation for a rosy complexion and a super rich antioxidant treatment. Beneficial for facial massage. Results are velvety soft skin.

KEY INGREDIENTS

Pure cold pressed grape seed oil from the vineyards of Napa Valley.



BENEFITS of GRAPE SEED Skin Care

ANTIOXIDANT GRAPE SEED EXTRACT WILLOWBARK CLEARING ASTRINGENT

PRODUCT DESCRIPTION

A savior for oily skin. This product has been shown to enhance skin cell turnover. Following time honored tradition, the extract is made by an aqueous infusion technique from freshly harvested bark collected in the spring.

METHOD OF USE

Place a few drops of Willowbark Clearing Astringent on clean hands. Gently pat on face and allow to dry. Use daily for maximum restorative effect.

PRESENTATION

Professional size only: 16 ounce

BENEFITS

A potent analgesic, antiseptic, astringent and anti-inflammatory agent. Enhances skin cell regeneration and balances oily and problem skin. Refreshes the skin.

The American Indians used willow baths to cool fevers and indeed, the extract of willows contains salicylic acid, a close cousin of aspirin.

KEY INGREDIENTS

Combines the revitalizing effects of rosemary and the soothing, restoring properties of lavender and willowbark.